



**DIANE GOLDNER**  
Energy Healing and Transformation

[www.DianeGoldner.com](http://www.DianeGoldner.com)

HEALING NEWSLETTER

# AWAKENING YOUR LIGHT BODY

A TRANSFORMATIVE WORKSHOP

Live in Nassau, Bahamas

Part 1: April 9 and 10

Part 2: June 25 and 26

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## Awakening Your Light Body

### For Healers For Transforming Your Life

Experience a Higher Flow in Your Life

Expand Your Awareness & Insight

Learn to Heal Your Body and Your Life

Bring Projects & Situations to a Higher Order

Learn To Heal Others

Develop Your Clairvoyance

Dear Friends:

I am inviting you to *Awakening Your Light Body*. This is an intensive, deeply transformational course that I am offering for the first time in Nassau, the Bahamas.

We will be meeting on Saturday and Sunday April 9 and 10 from 9:30 a.m.-5 pm for Part I and Saturday and Sunday June 25 and 26 for Part II. There is also home study with cds/mp3s. The complete schedule is on the following pages. It will start as soon as you register.

*Awakening Your Light Body* offers the keys to perceiving and mastering the subtle realms of light and energy. It starts by giving you conscious awareness and connection to your seven vibrational energy centers, and three light body centers, which are in a more subtle domain than the auric field. These centers modulate the physical, emotional, mental and spiritual aspects of your life. As we progress, you will see shifts in each of your centers, and in your life. You will gain a deep understanding of how your energy and consciousness interacts with the world.

You will learn how to transform denser energies and transmit harmony to other people, projects and situations. You can use these energies to bring anything and everything in your life to a higher order and to perceive anything and everything as energy.

We will be exploring the nature of healing, and extra-sensory perception. I will be working with each person's energy during the class. You will open to a new level of ease, flow and grace.

#### Part 1

April 9 and 10

Opening Your 3 Lower Vibrational Energy Centers and your Heart Center

Opening Your Upper Vibrational Energy Centers

Time: 9:30 am - 5 pm

Location: An airy, open space that opens to the ocean. Exact address to be sent after you register.

Part 1 Tuition: \$475 Early Bird rate until March 1; \$520 after March 1.

#### Part 2

June 25 and 26

Integrating Your Energy Centers and Opening Your First Light Body Centers

Opening Your Final Light Body Center

Time: 9:30 am - 5 pm

Part 2 Tuition: \$475 Early Bird rate until May 25; \$520 after May 25

There is a set of CDs/Mp3s that will support you during and after the zoom course. The six volumes may be purchased as mp3 downloads through my teacher's discount for \$72 per volume or \$420 for the complete set, plus any finance/foreign exchange fees.

To register or for more information email [Diane@DianeGoldner.com](mailto:Diane@DianeGoldner.com). You can send tuition via [papal.me/DianeGoldner](https://www.papal.me/DianeGoldner) or venmo [@Diane-Goldner](https://www.venmo.com/@Diane-Goldner). Checks can be sent to Diane Goldner /Box 581/Santa Monica, California 90406.

A list of hotels and logistical info/support is available if you are traveling to the Bahamas. I am also offering this as a zoom course and it will be possible to do one part in person and one part on Zoom. Part I starts February 4 on Zoom and Part 2 starts April 22.

**\*Awakening Your Light Body** is a very focused, step-by- step way to develop one's consciousness and connection to one's energy body. It is non-sectarian, meaning it is not aligned with any specific spiritual tradition. The course was developed by LuminEssence founders Duane Packer and Sanaya Roman, with the assistance of spiritual guidance.

The Light Body is part of who you are. You do not need any specific energy skills to enroll, just an open heart and mind, and a desire for personal evolution.

Sanaya Roman and Duane Packer, who developed the Light Body course, suggest that you answer the questions on the next page to help you decide whether you wish to awaken your light body.



About Diane

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#### Are you ready to take the Awakening Your Light Body course?

Answer these questions:

1. Have you been on a path of spiritual growth for awhile? Would you like to accelerate your growth?
2. Are you interested in experiencing expanded states of consciousness?
3. Is finding and living your higher purpose important to you?
4. Are you open to exploring new things? Are you willing to let go of the things that no longer serve your highest good and to create those things that do?
5. Are you somewhat self-reliant and creative? Do you trust your inner guidance and follow it with action?
6. Do you believe that you can help to create your own reality?
7. Are you drawn to such things as meditation, developing your psychic abilities and expanding your consciousness?
8. Is your spiritual growth important to you? Are you willing to devote time and energy to it every week?
9. Are you receiving inner guidance to create new things in your life, to put more time and energy into your higher path and purpose?
10. Have you learned how to deal with the emotional issues which may come up as a result of being on a path of spiritual growth? Do you look for the good in every experience?
11. Are you sensitive to energy? Do you want to learn more about subtle energies and how to work with them?
12. Do you believe you deserve to have a joyful and abundant life?

If you answered "yes" to many of these questions, you may be ready to awaken your light body.