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How can I transform areas of my life simply by using light?

When we place radiance, things naturally come to a higher order. We can not get involved in the timing or specific ways in which these changes will manifest. We can continue to place radiance until transformation has occurred, for however long that may take.

Once we begin to place our radiance, we must surrender and trust the light. The timing of transformation is not up to us. Some things can take more time than we think we have. It just means a fundamental reordering is occurring. You can trust that you will always have the time you need.

If you practice putting radiance into the objects, situations, events and people in your life, you will notice that your life becomes more radiant. This means you will experience more grace, more ease, more fulfillment.

There is a corollary to the practice of placing light. And that is that we should not give energy to our fears and our anxieties. I know this is easier said than done in many instances. But instead of focusing on your fears, your anxieties, your worst case scenarios, place even more radiance into the situation. Tell yourself that: Everything happens for the best. Have faith that this is true.

For instance, if you are unemployed, you must take steps to change your situation. Also, instead of dwelling on your fears, visualize the outcome that you wish: abundance, success, security, etc. Allow yourself to embody those positive energy states. Don't worry about the timing. You will be surprised by what will unfold.

You can apply these simple principles to almost anything in your life. You will find that things go much more smoothly. You will be living in the light.