



DIANE GOLDNER

energy healer & medical intuitive

ask diane

October 2012 How much can a healing do?

Over the years, I had done many healings with people from all different walks of life, facing all different types of challenges. In general, I find that energy will always bring a situation to a higher flow. There will be more grace, more clarity, more insight. But I can't predict the exact results and I always tell people that. I may have a sense of what will happen, but things always unfold in their own highest way.

I do healings because great things can and often do happen. Sometimes it takes a series of sessions. Sometimes there's a dramatic, seemingly "miraculous" recovery after just one healing. Sometimes there is just a feeling of relief, a relief someone has never before experienced.

There is a great mystery to healing. When we want to heal, we enter the mystery. Healing, in a sense, is an exploration, an adventure. We bring in the light and we receive transformation. How much we can shift can be a process. Our own fortitude is part of the equation, and so is our patience and persistence.

As a healer, I don't give up easily. In my own experience, if we persist, healing at a very deep level almost always happens. Sometimes it's the healing we want. Sometimes, we are shown why a particular door will not open. Then we can finally attain a peace and clarity that we need to go forward.

All this said, healing and curing are not always the same. Sometimes a healing is just at the soul level. Sometimes it's on all levels. But a healing always provides a gift, whether the recipient can perceive it or not. Many things go into the challenges we face, and into the outcomes we experience from healing. Our karma, the depth of the issue, the laws of timing, even the strength and clarity of our own intention for healing, all of these things are at play when we ask for transformation.