

A background image of white flowers, possibly cherry blossoms, with yellow centers, is visible at the top of the page.

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HOW CAN SUBTLE ENERGY HELP HEAL PHYSICAL TRAUMA

I will never forget an experience I had many years ago when a little boy got his finger crushed in the door of a van as it was closing. The kid was howling in pain. The mom who was dropping off several boys as part of a car pool was distraught. She was a nurse. She and the other parents in the house discussed whether to take him straight to the emergency room or call his folks first.

I sat down next to the boy while the discussion continued. I began running energy into his finger, which was already swelling and turning purple. I could feel the energy pulsing into the finger and so could he. Soon, his howling stopped and everyone in the room grew quiet.

After about 10 minutes, the boy asked me if he could go out and play. His finger had returned to a normal size and the purple color had disappeared. More important the pain and fear had evaporated. His finger was back to normal.

Healing energy can quickly repair the underlying energy matrix on which all of the cells of our body grow. The extra energy also allows the body to work quickly to repair the injury at the physical level.

It can take a very focused effort, but if you run energy into a traumatic injury as soon as it happens, it can sometimes heal almost instantly. Other times, the severity of the trauma is diminished.

Healing energy can reduce pain and suffering, accelerate healing, and ensure that the ultimate healing is complete.