

December 2010 Light for Transformation

When Charles came to me for a healing, he wanted inner peace and a better relationship with his brother, who was a manager in Charles' retail shop.

As I began to run energy, Charles' breath became slow, deep and regular. I transmitted light for inner peace. Then I put light on his relationship with his brother, adding light to the energy chords connecting them.

A few days later Charles called. I could tell by his voice that he was upset. He told me about a fight that he and his brother had, it sounded as if he was barely holding back tears. His brother had finally stormed out of the shop, promising never to return. "Could this be from the healing?" he asked. I knew he thought it was a crazy question.

"Yes, it probably is from the healing," I replied. I explained that sometimes adding light can bring a painful situation to a head, but only to bring things to a higher order. I knew the healing wasn't completely integrated because things hadn't yet resolved.

As we talked it became clear that since the healing Charles had gained insight about why he was having challenges in his relationship with his brother, whom he loved. He felt his brother partied too much and was frittering away his life. Charles had been trying to bully him into shape.

"Why don't you tell your brother what you just told me?" I asked.

"He's not talking to me," Charles said, sounding miserable. "I've called him and he doesn't answer the phone. How am I going to tell him anything?"

I sketched out to Charles how to transmit light to his brother. "Do that first," I suggested. "Then call him. Everything is going to work out." Charles got off the phone and sent light to his brother. The very next day he and his brother made peace. Then Charles sent light to every employee. "You were right," he said. "Everything got better."

Soon Charles was transmitting to everyone he knew. His experience was a catalyst for a deep transformation. Having discovered the power of light, he applied it to everything in his life. Even years later, the inner light still guides everything Charles does.