



# DIANE GOLDNER

energy healer & medical intuitive

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## case studies

### August 2011 Healing 1.0: Lies That Wound

There is an old saying: *The Truth Shall Set You Free*. I have found in my many years as a healer that the truth is indeed a powerful force for healing. The opposite is also true. Lies can be very debilitating, and even make us sick. I did a healing recently that exemplifies how deeply lies can wound us.

Wendy came to me because there were many things she wanted to heal. The biggest thing, however, was her lupus, an auto-immune disorder that left her weak and sometimes house-bound.

As I opened the healing, I asked Wendy when she first fell ill. It turned out that it was shortly after her husband cheated on her. She went into remission after her divorce. She became ill again after her current boyfriend proposed marriage.

Wendy had never connected the sudden onset of her illness with her heartbreak. Yet it was very clear to me that her unhealed pain from her first marriage was having a deep affect on her. Now, as a result of the healing, she was more aware of how deep her pain was.

Wendy left the healing feeling lighter and brighter, and more hopeful than she had in a long time. She was also ready, for the first time, to release her ongoing connection with her first husband. She had long told herself that he was a good friend, even though he had lied to her many times about his intentions with her. But now she could see the truth more clearly and it set her free.