



DIANE GOLDNER

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case studies

October 2011 Healing 1.0: Going to the Light

When someone passes, it is a significant event for the entire family circle. It is an opportunity to witness a loved one's life and the ways in which they contributed to your life. It is also a moment of great opportunity for the soul that is passing. My healing with Frank in his last hours illuminates the importance of light and peace and forgiveness and love.

As a therapist, Paul had counseled many people facing the death of a loved one. So he knew how important it is to make the passage as sacred as possible. He called me when his father's death from cancer was imminent, concerned that he was thrashing around from fear, afraid to depart.

As soon as I connected to his father, Frank, in a long distance healing, I saw that he was terrified that death meant annihilation. I knew, however, that he would be just fine. I saw spiritual masters surrounding him. Almost as if I had been sitting with Frank at his bedside, I showed him that death is just a transition; his soul would live on. I ran energy into his heart to comfort him, as well. Slowly I could feel him calm down.

Next, Frank told me that he was very distressed about leaving his wife and kids. I invited him to connect with each one of them soul to soul. In these final conversations at the soul level, they were able to express the deep love and gratitude they felt for one another, which they had never fully acknowledged in day-to-day life. In particular, Frank asked for, and received, forgiveness for the resentment he had harbored towards his son, Paul.

When I closed the healing, Frank was at peace. Later that evening during meditation, I had a vision of Frank's soul leaving his body and entering the heart of Jesus. I found out later that Frank passed shortly before I reconnected in my meditation.

I knew that Frank had had a good life, and a good death. This helped everyone in his family accept his passing.