

case studies

January 2012 Healing 1.0: The Magic of Acceptance

Acceptance is one of the most important pathways to love. I have helped many people--including myself--reach a state of inner acceptance. And there is really no better state. It opens many doors.

Acceptance is an easier concept for most of us than surrender. But it gets us to that magical place.

One powerful moment of acceptance for me came when I finished my first book, *How People Heal*, an investigation into healing and the science behind it. After spending six years immersed in every aspect of healing, I couldn't wait to go back to work as a magazine journalist.

I went on my first job interview full of excitement. After a business-like start, the hiring editor began to tell me about the difficulties she faced in her life. Before I knew it, she was crying. My big job interview had just turned into a healing session. I didn't mind, but I knew I wouldn't be getting the job. Then I went on my second job interview. The same thing happened.

After those two job interviews, I simply couldn't get work, and it bothered me terribly. In the meantime, wherever I went, people were asking me for healings. I would always beg off, explaining that I was a journalist.

Eventually, I realized I had to accept my fate. I began to do healings for the people who came to me, and I have never looked back. Everything in my life fell into place. While I loved being a journalist, I love serving as a healer much more. I am so grateful that I surrendered and accepted my fate.

Little or big, we can always look at what we're resisting, worrying about, or desperately trying to fix. When we let go, when we accept, it is as if the angels have come to be with us.