

August 2012 Healing 1.0: Creating with Energy

Our consciousness is one of the most powerful creative forces on the planet. The thoughts and emotions we have are energies that are very real and very tangible. Whether or not we have developed our psychic abilities enough to feel the substance of our thoughts and emotions, they create a field of energy which influences creation and manifestation.

Almost every healing I've done illuminates this principle. But I'll focus for now on a healing I did several years ago. Margie was having trouble selling the building that housed her business for many years. She couldn't understand why it wasn't selling. It was in a prime location in a premiere resort town. It was a beautiful rambling old house that anyone would be happy to own. Yet it was sitting on the market. She and her partner had dissolved their business, and needed to sell the house to get on with their separate lives.

When I asked a few questions, it turned out that although the business had run smoothly, the ending had been anything but amicable. There were still angry feelings between the two former partners.

During the healing, I could see the heavy anger. It was creating a stagnant force where nothing could move. What buyer would want to purchase that energy? I set about untangling the difficult emotions and creating harmony between the partners. Then I cleared the anger out of the house, and created a wonderful, harmonious flow.

The healing did its magic. Margie reported within a week she and her partner were able to resolve their differences. Soon after they had a buyer for the house.

Whenever there is a harmonious, beautiful flow, we can trust that things will go smoothly. When something lacks flow, whether it is a real estate sale, or a physical wound that won't heal, we must transform the difficult energies by adding light and creating flow. We are all light workers and we can always add light and flow to any situation. Then we can trust we are protected and guided by the Light.