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## case studies

### June 2013 Healing 1.0: Reading Energy

Reading energy isn't just for hands-on healers. It's a skill that's useful for everything we do in life. When we read the energy around us we can make the best decisions. I use my abilities to read energy all of the time. One example comes to mind right now.

Several years ago, I was looking to help my family purchase a property with my dad that could be rented out. My husband and I went to the town where it seemed most logical to buy, hours from where we lived. After looking at a number of houses we fell in love with a simple three-bedroom house.

We were very excited when our bid was accepted. But as I ran energy on the house and continued to scan it to make sure it was a good purchase, I became overwhelmed with dread. Whenever I thought about the house, I felt a darkness. Anxiety gripped me. I felt as if I had entered a dark tunnel. I knew something was very wrong, but I didn't know exactly what. Finally, I asked our broker to look at the house again.

The broker called from the house to tell us that she had found some problems she hadn't noticed before: there were big diagonal cracks in the walls in almost all of the rooms and a crack running through the living room floor--signs of a cracked foundation. In addition, there was mold growing on the exterior of one side of the house. Apparently the house had been graded improperly and water was running towards the house instead of away from it.

I breathed a huge sigh of relief. My energy read--that the house was a very bad deal indeed--had been completely accurate. We withdrew our bid and went safely on our merry way.