



**DIANE GOLDNER**  
energy healer & medical intuitive

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## case studies

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Healing 101: INNER SPACE

Many years ago a woman called me for a healing. Susan was simply feeling run down and wanted to feel better.

When she came for the session, I went into a deep state of meditation as I always do. As my heart rhythm began to expand, I invited her to rest in my heart space. Her heart, too, began to expand, and as the healing continued she began to feel more and more relaxed and more loved.

After the session, Susan felt much better physically. Even more important, she felt uplifted.

In a sense it was a simple healing. I wasn't dissolving cancer or clearing her body from the trauma of surgery. I just brought her into the healing space of her own heart, via my heart. But it is a healing she has never forgotten. A decade later, she still remembers what a great sense of love she experienced curing that session.

I call it a simple healing. But when we go into a deep space, we reach the truth of our own heart. While this may sound simple, it is also profound. The space of the heart is where we all want to live.