

## October 2014 Healing 101: PLACING RADIANCE/ MANIFESTING YOUR VISION

Many years ago, when I first moved to Los Angeles, I stayed with a friend for awhile. She had a wonderful townhouse in a lovely area of Santa Monica. I felt blessed to stay there. But after I moved in, I noticed that the carpet was old and there were cobwebs in the double height stairwell. These things began to bother me. I wanted to live in a place that radiated light.

Every time I noticed what was wrong, it would bring me down. So I realized I had to do something a little more productive, and a little more enlightened. I decided that, instead of getting down, I would simply place light whereever I felt things needed to be uplifted. I did this practice diligently. Nothing seemed to change. I decided to just keep on with the practice of adding light. Something will shift, I assured myself. Who knows what? It was a little science experiment to see just how powerful the light can be.

A few months passed and nothing had changed. We, of course, are not in charge of the timing of things in this universe. (I have gotten that memo more than once in my life.) But soon my Radiance project was put on hold when I was invited to spend a few months in an ashram. I took the opportunity and packed up my bags for an extended stay.

A few months later I got a call from my friend. She was moving to a new city. Did I want to take over the lease to her place or should she pack up the rest of my belongings and ship them to me?

I ended up moving into the townhouse. The landlord redid the entire apartment, allowing me to pick the flooring, paint colors, fixtures, etc. Everything was sparkling new and radiant.

Now, more than ten years later, the carpet had frayed--exposed to the harsh California sun. I wondered how I would fix this. I live in a beautiful neighborhood, in walking distance to the ocean. We aren't ready to move just yet. Landlords here in California are only obligated to put in new carpet every 15 years. Still I just saw myself living in a beautiful place. Recently the landlord came to visit and told us she wanted to give us an upgrade. New carpet is now on its way.

Working with light is an easy way to manifest things in the highest way. When you add light to people, places and situations, they become radiant.