

case studies

March 2015

Healing 101: DISSOLVING KIDNEY STONES

There is almost always some underlying energy beneath a physical problem. It's this energy that is supporting the physical problem. When it is released, very often the physical problem simply dissolves. This is true with many different challenges.

Thus, the goal in the healing is to dissolve and resolve these underlying energies. This was the case with Sarah.

When Sarah came to me for a healing, she was feeling desperate. She had been diagnosed with kidney stones and was in and out of pain. She was scheduled for a procedure, but it was still a few weeks away.

I never know exactly what a healing is going to do--except that it will always bring a situation into a higher flow. In this situation--at a minimum-- a higher flow would be to alleviate Sarah's pain.

I ran energy into her kidneys and as soon as I did, the underlying energy opened up. Waves of fear arose and subsided. The more energy I ran, the more fear came up and dissipated. I didn't even know the content of all the fear. A lot of it was old, from childhood. I just let the energy run, and the fear dissolve.

It was a very intense healing. I told Sarah it might take a week for all the energy from the healing to integrate. I warned her that she might even feel worse for a day or two as all the energy came to the surface for release.

That night, Sarah called to tell me she was experiencing intense pain. I told her to hang in. I felt her kidney stones might be passing.

Twenty-four hours later Sarah called to tell me that her pain had resolved. That pain never returned.

A week later, Sarah went for a previously scheduled follow-up ultrasound. The technician was dumbfounded by the results. "Your kidney stones are gone," she told Sarah. Elated, Sarah called to tell me the good news.

In Sarah's case, dissolving the kidney stones was a simple process of breaking up the fear. We didn't even have to know the causes of the fear, merely change the vibration.