



# DIANE GOLDNER

energy healer & medical intuitive

---

## case studies

April 2015

### Healing 101: A BROKEN KNEE AND SPRAINED ANKLE

Healing energy can greatly accelerate the healing process when there is a physical trauma such as a broken bone or sprained ankle. It can also help the bones to mend so that full mobility is restored and there is no lingering pain.

The sooner the healing energy is applied, the more accelerated the healing process can be. Andrea had this in mind when she rang me from the emergency room.

Just hours earlier she had tripped over her dog, and tore ligaments in her right ankle. In the fall, she had also broken her left knee.

Andrea also mentioned that she had run into her former beau at a party the night before. It was clear he still loved her and she was upset that he was with another woman.

I told Andrea I would work on everything, as the physical and the emotional issues were very likely related.

Although the knee sounded like the more challenging problem, as I tuned in and transmitted, it was her ankle that was throbbing terribly. I ran many high frequencies to help the healing process and then worked on her knee to help the bone fracture heal.

It was clear as I did the healing that Andrea has literally lost her emotional balance after seeing her ex. In that sense, it wasn't an accident that she had tripped over the dog. I held light for her heartache to heal.

We did a second healing a few days later and then another session a week or so after that. By then, the pain in Andrea's ankle had subsided quite a bit.

The doctor had told Andrea that the ankle sprain was so bad it would take more than 2 months to heal. But she was out of a brace in two weeks. The doctor had expected her knee to take 6 months to heal, but after a month, he declared that it was healing great. She was out of the full brace within six weeks.

Andrea was grateful to be back on her feet so quickly. She made her peace with her break-up and went on to have a very productive time at work.