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case stude

## September 2015 Healing 101: SOLVING A MEDICAL MYSTERY

When Sam came to see me, he had lost 12 pounds off his already thin frame. He was feeling exhausted and generally unwell and had been so for nearly two years. Although his doctors couldn't find anything wrong with him, I felt I could help Sam solve the mystery--and restore his vitality.

As soon as I began running energy, the first part of the issue emerged. Sam, a social worker, had cared so much for the desperate people who came to him for help, it had taken a toll on him. During the healing, I released the energies of exhaustion. I also ran light for radiant health.

Sam returned to his old self after the healing. "What a difference," he told me. "Thank you so much."

Six months later, however, Sam crashed again. He was feeling weak and had lost weight. When Sam stepped into my office, I felt as if I was looking at a concentration camp prisoner. I hesitated to mentioned this to him, because past lives aren't in everyone's belief system.

Yet as I began running energy, the feeling that Sam had perished in a concentration camp came through even more intensely. I felt I had to mention it. Fortunately, it resonated strong-ly for him. He now shared that after an intense spiritual initiation many years ago, he had several dreams about being a boy in a concentration camp.

A we talked, I could see that the little boy had died feeling that God must not have loved him to let him suffer and die that way. As I continued running energy, I shared this with Sam. I showed the little boy that he was safe, that no harm could come to his soul and that he had served God deeply by his faith and goodness. I saw that this lifetime had greatly accelerated Sam's spiritual progress. He had remained pure, despite the evil around him.

Just a day or two after the healing, Sam went for his appointment with the head of endocrinology at a top teaching hospital. The doctor looked through 5 years of medical records. "You've had every test," the doctor told Sam. "Nothing shows up. You may just have to accept this is the way it is for you."

But within the week, Sam's vitality was restored. He called to tell me how profoundly better

he felt. His energy was back and so was his enthusiasm and joy. Many different aspects of this past incarnation and his current life were integrated in the following weeks through dreams and other guidance. He even came to understand that the medical examination that triggered his illness echoed a less benign examination he endured while in the concentration camp.

Sam's crisis was a medical mystery. But with just two healings, the physical problem resolved. And he had a much deeper understanding of his life, his past, and his spiritual focus.